

## TRAINING CURRICULUM: DECENTRALISED SENITISATION TRAINING (DISTRICT AND COMMUNE LEVEL) ON FOOD SECURITY AND NUTRITION

### Workshop objectives:

Participants will be able

- To understand the basic concept on Food Security and Nutrition (FSN),
- To know about the analysis and assessment instruments and sources,
- To identify intervention strategies (actions in order to improve FSN in their constituency)
- First steps for integration of FNS aspects into local/regional plans are discussed and agreed upon

Participants foreseen are: planners, responsible officers/administrators from the local/regional government agencies at decentralised level and important local stakeholders, NGOs, etc.

### OVERVIEW on 3 day workshop

No.	Topics	Contents
1	Understanding of the concept of Food Security and Nutrition (FSN)	<ul style="list-style-type: none"> <li>- level of (social, administrative) organization (macro, Meso and Micro levels)</li> <li>- definition of food security and nutrition</li> <li>- determinants of food security and nutrition</li> <li>- manifestations of food insecurity and malnutrition</li> </ul>
2	Relation between food security and nutrition and poverty reduction An overview of FSN strategy and policy papers	<ul style="list-style-type: none"> <li>- the link of food security and nutrition to poverty reduction (MDGs, CMDGs, etc.)</li> </ul> FSN in relevant strategies/policies in Cambodia (CMDG, NSDP)
3	Situation analysis : What do you know about the food security and nutrition situation in your area?	<ul style="list-style-type: none"> <li>▪ Overview of triple A (project cycle )</li> <li>▪ Assessment and Analysis of food security and nutrition situation (according to concept structure)</li> </ul>
4	Understanding of FSN indicators	Common food security and nutrition indicators (should focus more on meso and micro indicators)
5	What are possible interventions/actions to improve the situation?	<ul style="list-style-type: none"> <li>- activities to improve food security and nutrition in current situation (considering the different dimensions)</li> </ul>
6	Transfer of knowledge and integration of FSN in any plans and programmes	<ul style="list-style-type: none"> <li>- Integration of food and nutrition into the existing plans and participants responsibilities and to monitor the implementation of this initiative</li> </ul>
7	Course Evaluation by participants	<ul style="list-style-type: none"> <li>- Contents</li> <li>- Facilitation</li> <li>- Organization</li> <li>- Materials and logistics</li> <li>- Suggestions</li> </ul>

## Curricula/script for training workshop:

### Day 1:

Timing	Topics	Detailed Contents	Purpose for this session; Objectives	Learning Experience Training methods	Materials	Responsible facilitator (background)
Morning	Welcome and Opening, introductions: Objectives Participants Working method	Formal and informal welcome to all; introduce all participants to each other and to frame conditions	Everyone should feel comfortable and know all details for the coming three days	Moderated opening with participant involvement	Pinborads, markers pen, paper cards, Flipchart posters	
Morning	1. Understanding of the concept of Food Security and Nutrition (FSN)	<p>Starter: what comes to your mind when you hear food and nutrition security?</p> <ul style="list-style-type: none"> <li>▪ level of (social, administrative) organization (macro, Meso and Micro levels)</li> <li>▪ definition of food security and nutrition</li> <li>▪ determinants/pillars of food security and nutrition</li> </ul>	Hear participants terms and language understanding and clarification (incl. definition) of food security and nutrition and all the inherent aspects + its importance	<p>Presentation mainly BUT:</p> <p>Invite for many questions and discussion ensuring that the concept is really understood;</p>	<p>Pinborads, markers pen, paper cards, Flipchart Posters</p> <p>Computer, screen Porjector or transparency with overheadprojector</p>	
Afternoon	Continuation	<ul style="list-style-type: none"> <li>▪ manifestations of food insecurity and malnutrition</li> </ul>	The outcome of food and nutrition insecurity gets clear	Use table with (medical) terms and pictures / photos	Pinborads, markers, pen, paper cards, Flipchart posters	
Afternoon	2. Relation between food security and nutrition and poverty reduction	<ul style="list-style-type: none"> <li>▪ the link of food security and nutrition to poverty reduction (MDGs, CMDGs, etc.)</li> </ul>	<ul style="list-style-type: none"> <li>- Importance of food security and nutrition in reducing poverty in Cambodia</li> <li>- gender relevance</li> </ul>	<p>Ready presentation on poverty – FNS; Presentation of CMDG and ist context</p> <p>Do a <u>very brief</u> info on the MDG and the CMDG just to mention</p>	Copy of MDG and CMDG at hand	

## Day 2:

timing	Topics	Contents	Purpose for this session; Objectives	Learning Experience Training methods	Materials	Responsible facilitator (background)
Morning	Programme of the day  3. The Situation of food and nutrition security in your area, district)  = assessment and analysis of a given situation	<ul style="list-style-type: none"> <li>▪ Overview of triple A or the project cycle</li> <li>▪</li> </ul> Joint brainstorming: What are sources or persons for getting information on the current FNS situation?	Understand the logic of first situation analysis before starting any action	Today we concentrate on the measures for knowing the situation (assessment and analysis) Next day we will discuss possible actions/interventions to improve it	Pinborads, markers pen, paper cards, Flipchart Posters	
Morning	Working with participants' experience:  Group work	Question/task:  What do you know about the food security and nutrition situation in your area/province? (ca. 60 – 90 min)	Participants start working with the concept  p. show their knowledge with various aspects of FNS	Groups of 5-7 people each; sitting separately Same task for all groups  Self moderated, if help is needed, go and assist, clarify the task	Pinborads, markers pen, paper cards, Flipchart Posters	
Afternoon		Presentation of all groups With intensive discussions		One presenter from each group presents; Others contribute Comments from group and moderator	Space for showing all boards	
Afternoon	4. Understanding of FSN indicators	- Introduction to Indicators in general and for FNS (for availability, access, use+utilisation)	- Common food security and nutrition indicators (should focus more on <u>meso</u> and <u>micro</u> indicators)	Participants see need for measuring FNS and know some few ones.	See indicators in FSN publication	

### Day 3:

timing	Topics	Contents	Purpose for this session; Objectives	Learning Experience Training methods	Materials	Responsible facilitator (background)
Morning	Progr. of the day 5. Action/intervention in FNS = activities to improve food security and nutrition in current situation (considering the different dimensions)	Any need to repeat something?  Question/task: ▪ What are possible interventions/actions to improve the situation? What do you do so far? What can/needs to be done additionally?  (groups can/may be split according to dimensions)	Participants share their knowledge on possible actions	Make clear it is the last day for asking questions;  Same groups as before (or change if needed)  Make sure all 3+1 dimensions are covered	Pinboards, markers pen, paper cards, Flipchart Posters	
Morning	continuation	Presentation of all groups With intensive discussions Ca 4-5 groups	Share experiences on interventions;	Prepare for explaining additional actions (see FNS reader)		
Afternoon	6. Transfer of knowledge and integration of FSN in any plans and programmes Existing local plans (CDP – CIP)	Question/task: Where do you see possibilities to include FNS into your plans and activities? (Name them, who is responsible; Which timeframe ?)	Integration of food and nutrition into the existing plans and participants responsibilities and to monitor the implementation of this initiative	Small groups according to responsibility and background (40 min)	Pinboards, markers pen, paper cards, Flipchart Posters	
Afternoon	continuation  7. Course Evaluation by participants CLOSING	Presentation of groups  ▪ Contents, Facilitation Organization Materials and logistics; Suggestions	Achieve commitment to include FNS and change something to the better;  Collect feedback for improvement (like/dislike+proposals)	Different actions become obvious, keep track and assist where possible Prepare questionnaire or do by card writing Distribute certificate Thank Everyone		