

TRAINING CURRICULUM: NATIONAL SENSITISATION TRAINING ON FOOD SECURITY AND NUTRITION

Workshop objectives:

Participants will be able

- To understand the basic concept on Food Security and Nutrition (FSN) and become aware of its importance for any further development (holistic understanding)
- To know about the analysis and assessment instruments and sources, and
- To identify intervention strategies (action in order to better mainstream FSN in their strategies and programmes)

Participants foreseen are: planners, senior officers from the government agencies at national level and NGOs.

OVERVIEW on 3 day workshop

No.	Topics	Contents
1	Understanding of the concept of Food Security and Nutrition (FSN)	<ul style="list-style-type: none"> - Distinguish levels of (social, administrative) organization (Macro, Meso and Micro levels) - definition of food security and nutrition - dimensions/pillars of food security and nutrition - manifestations of food insecurity and malnutrition
2	Relation between food security and nutrition and poverty reduction An overview of FSN strategy and policy papers	<ul style="list-style-type: none"> - the link of food security and nutrition to poverty reduction (MDGs, CMDGs, etc.) FSN in relevant strategies/policies in Cambodia (CMDG, NSDP)
3	Situation analysis : What do you know (What is?) about the food security and nutrition situation in your country?	<ul style="list-style-type: none"> ▪ Overview of triple A (project cycle) ▪ Assessment and Analysis of food security and nutrition situation (according to concept structure)
4	Understanding of FSN indicators	Common food security and nutrition indicators
5	What are possible interventions/actions to improve the situation?	<ul style="list-style-type: none"> - activities to improve food security and nutrition in current situation (considering the different dimensions)
6	Transfer of knowledge and integration of FSN in any plans and programmes	<ul style="list-style-type: none"> - Integration of food and nutrition into the existing plans and participants responsibilities and to monitor the implementation of this initiative
7	Course Evaluation by participants	<ul style="list-style-type: none"> - Contents - Facilitation - Organization - Materials and logistics - Suggestions

**Curricula/script for training workshop:
Day 1:**

Timing	Topics	Detailed Contents	Purpose for this session; Objectives	Learning Experience Training methods	Materials	Responsible facilitator (back ground)
Morning	Welcome and Opening, introductions: Objectives Participants Working method	Formal and informal welcome to all; introduce all participants to each other and to frame conditions	Everyone should feel comfortable and know all details for the coming three days	Moderated opening with participant involvement	Pinborads, markers pen, paper cards, Flipchart posters	
Morning	1. Understanding of the concept of Food Security and Nutrition (FSN)	Starter: what comes to your mind when you hear food and nutrition security? <ul style="list-style-type: none"> ▪ level of (social, administrative) organization (macro, Meso and Microlevels) ▪ definition of food security and nutrition ▪ determinants/pillars of food security and nutrition 	Hear participants terms and language <ul style="list-style-type: none"> - understanding and clarification (incl. definition) of food security and nutrition and all the inherent aspects + its importance 	Presentation mainly BUT: Invite for many questions and discussion ensuring that the concept is really understood;	Pinborads, markers pen, paper cards, Flipchart Posters Computer, screen Porjector or transparency with overheadprojector	
Afternoon	Continuation	<ul style="list-style-type: none"> ▪ manifestations of food insecurity and malnutrition ▪ UNICEF Schema for 	The outcome of food and nutrition insecurity gets clear Putting all aspects together	Use table with (medical) terms and pictures	Computer, screen Porjector or transparency with overheadprojector	
Afternoon	2. Relation between food security and nutrition and poverty reduction	<ul style="list-style-type: none"> ▪ the link of food security and nutrition to poverty reduction (MDGs, CMDGs, etc.) ▪ knowing the Cambodian Government position 	<ul style="list-style-type: none"> ▪ Importance of food security and nutrition in reducing poverty in Cambodia ▪ gender relevance 	Ready presentation on poverty – FNS; Presentation of CMDG and its context Do a discussion on the MDG and the CMDG, knowing and opinion asking	Copy of MDG and CMDG at hand <i>This session can be extended if natioanl level is very interested (or take up again on last day</i>	

Day 2:

timing	Topics	Contents	Purpose for this session; Objectives	Learning Experience Training methods	Materials	Responsible facilitator (background)
Morning	Programme of the day 3. The Situation of food and nutrition security (in Cambodia) = assessment and analysis of a given situation	<ul style="list-style-type: none"> ▪ Overview of triple A or the project cycle ▪ Joint brainstorming: What are sources or persons for getting information on the current FNS situation?	Understand the logic of first situation analysis before starting any action	Today we concentrate on the measures for knowing the situation (assessment and analysis) Next day we will discuss possible actions/interventions to improve it	Pinborads, markers pen, paper cards, Flipchart Posters	
Morning	Working with participants' experience: Group work	Question/task: What do you know about the food security and nutrition situation in your area/province? (ca. 60 – 90 min)	Participants start working with the concept p. show their expertise with various aspects of FSN	Groups of 5-7 people each; sitting separately Same task for all groups Self moderated, if help is needed, go and assist, clari the task	Pinborads, markers pen, paper cards, Flipchart Posters	
Afternoon		Presentation of all groups With intensive discussions		One presenter from each group presents; Others contribute Comments from group and moderator	Space for showing all boards	
Afternoon	4. Understanding of FSN indicators	- Introduction to FSN Indicators (for availability, access, use+utilisation)	- Common food security and nutrition indicators (should focus more on meso and micro indicators)	Paraticipants see need for measuring FNS and know i. For all dimensions	See indictars in FSN publication	

Day 3:

timing	Topics	Contents	Purpose for this session; Objectives	Learning Experience Training methods	Materials	Responsible facilitator (background)
Morning	<p>Progr. of the day</p> <p>5. Action/intervention in FNS = activities to improve food security and nutrition in current situation (considering the different dimensions)</p>	<p>Question/task:</p> <ul style="list-style-type: none"> ▪ What are possible interventions/actions to improve the situation? What do you do so far? What can/needs to be done additionally? <p>(groups can/may be split according to dimensions)</p>	Participants share their knowledge on possible actions	<p>Make clear it is the last day for asking questions;</p> <p>Same groups as before (or change if needed) (ca. 60 min)</p> <p>Make sure all 3+1 dimensions are covered</p>	<p>Pinborads, markers pen, paper cards, Flipchart Posters</p>	
Morning	continuation	<p>Presentation of all groups</p> <p>With intensive discussions</p> <p>Ca 4-5 groups</p>	Share experiences on interventions;	Prepare for explaining additional actions (see FNS reader)		
Afternoon	<p>Success factors for FNS</p> <p>6. Transfer of knowledge: link of FSN to own working context</p>	<p>Context and programme related factors</p> <p>Question/'task:</p> <p>Whiere do you see possibilities to include FNS into your own working context?</p>	<p>Show research results of IFPRI</p> <p>Integration of food and nutrition into own working context and create spirit for further cooperation among paraticipants</p>	<p>Presentation</p> <p>Small buzzing groups according to responsibilty and background (20 min)</p>	<p>Overhead ofrPC</p> <p>Pinborads, markers pen, paper cards, Flipchart Posters</p>	
Afternoon	<p>continuation</p> <p>7. Course Evaluation by participants</p> <p>CLOSING</p>	<p>Short Presentation of groups/individuals</p> <ul style="list-style-type: none"> ▪ Contents, Facilitation Organization Materials and logistics; Suggestions 	<p>Achieve commitment to include FNS and change something to the better;</p> <p>Collect feedback for improvement (like/dislike+proposals)</p>	<p>Differnt possibilities become obvious, offer asisstance where possible</p> <p>Prepare questionnaire or do by card writing</p> <p>Distribute certificate</p> <p>Thank Everyone</p>		